

Supplementary File S4. Self-reported food waste findings

Table S3. Self-reported food waste by food group category, pre- and post- the 8-week Re-licious intervention (n=40)^a

	Bakery n(%)		Dairy & eggs n(%)		Meat & seafood n(%)		Packaged & processed n(%)		Fruit & vegetables n(%)	
	Pre-	Post-	Pre-	Post-	Pre-	Post-	Pre-	Post-	Pre-	Post-
<1 cup	19 (47.5)	20 (50.0)	22 (55.0)	21 (52.5)	19 (47.5)	19 (47.5)	19 (47.5)	21 (52.5)	13 (32.5)	17 (42.5)
1-2 cups	16 (40.0)	17 (42.5)	11 (27.5)	12 (30.0)	11 (27.5)	12 (30.0)	16 (40.0)	14 (35.0)	16 (40.0)	12 (30.0)
3-4 cups	3 (7.5)	2 (5.0)	7 (17.5)	6 (15.0)	7 (17.5)	6 (15.0)	4 (10.0)	4 (10.0)	9 (22.5)	8 (20.0)
5 cups	2 (5.0)	1 (2.5)	0	1 (2.5)	3 (7.5)	2 (5.0)	0	0	2 (5.0)	2 (5.0)
>5 cups	0	0	0	0	0	1 (2.5)	1 (2.5)	1 (2.5)	0	1 (2.5)

^asignificance testing was unable to be performed as the categorical variables included in this study are repeated measures and not dichotomous. Pre- refers to before the 8-week Re-licious intervention, and post- refers to after the 8-week Re-licious intervention.